



Phone: 904-880-0911 Fax: 904-880-9388

Neil Med Sinus Rinse Bottle

Please read the device instruction manual and prescription label carefully and call us at 880-0911 should you have any questions.

Store your medication in a cool, dry place. **Do NOT store your medication in the bathroom**, your medication is sensitive to humidity.

DO NOT USE YOUR MEDICATION AFTER THE EXPIRATION DATE.

Step 1: Make medicated saline using the NeilMed® bottle:

1. Remove the cap from the NeilMed® rinse bottle.
2. Fill the bottle with **distilled water**, stopping just below the neck of the bottle at the black dotted line.
3. Cut the corner of one saline packet and pour the contents into the bottle.
4. Replace the cap, tightening it until secure.
5. Cover the hole on the cap with your finger and then shake the bottle vigorously for 30 seconds, or until the powder is mixed thoroughly into a suspension. If foam is created from shaking this is normal and it is ok to administer the medication.



Step 2: Using the NeilMed® Rinse Bottle

1. Standing in front of a sink, bend forward to your comfort level and tilt your head down.

2. Keeping your mouth open, without holding your breath, place the cap snugly into your nostril.
3. **SQUEEZE THE BOTTLE GENTLY** until the solution starts draining from the **OPPOSITE** nostril.
4. Continue squeezing until half the solution is used.
5. Remove the tip of the cap from your nostril. If you find that some of the solution has reached the back of the throat, please spit it out.
6. Repeat procedure with remaining saline for your other nostril.
7. Thoroughly clean the bottle and funnel after each use, refer to cleaning instructions provided with Sinus bottle.